

# H. Russell Swift Elementary School

5 Swift Drive

Egg Harbor Township, NJ 08234

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Dear Parents or Guardians,

We are asking for your help in keeping all our students in good health. **Flu season is here** and we are trying to avoid the spread of this as much as possible in school.

Many students are coming to school sick and sharing their germs with others.

Please do not send your child to school if they have the following symptoms:

Persistent cough

Fever

Vomiting and/or Diarrhea

Abdominal pain

Contagious diseases – rashes

Conjunctivitis (Pink Eye)

**A minimum of 24 hours without a fever, diarrhea or vomiting (without medication) should pass before your child returns to school.**

If they have something contagious they need to see a doctor and have taken the antibiotics, if ordered, for a full 24 hrs. before returning to school. We need to have a physician's note that shows they were seen.

We appreciate your cooperation in these matters. We want all of our students and staff to stay healthy. If you have any questions please call or email.

Thank You,

Mrs. DiCicco, RN, CSN