

# APPROVED NUT-FREE TREAT AND PARTY LIST

*Ingredients and labeling are subject to change by manufacturer at any time. Please read all labels carefully before purchasing. No homemade items permitted. Please refer any questions to the school nurse (609-927-4141 ext. 1110).*

## ANIMAL CRACKERS:

- Barnum's or Shoprite Scrunchy (Original)

## CHEESE CURLS:

- Utz Cheese Balls, Utz Cheese Curls, Cheetos (original Puffs and Crunchy), Wise Cheese Doodles

## CHEEZ-ITS:

- Sunshine original only

## CHIPS:

- Lays (Classic, Barbecue, Sour Cream and Onion, Cheddar and Sour Cream)
- Herr's (Original, Barbecue, Sour Cream and Onion, Cheddar and Sour Cream, Yellow Round Tortilla Chips)
- Pringles (Original)
- Ruffles (Baked)
- Utz (Regular)
- Doritos

## COOKIES:

- Chips Ahoy (Nabisco) original
- Oreos (Nabisco) original, original double stuffed
- Lorna Doones (Nabisco)
- Nilla Wafers (Nabisco)
- Fig Newtons (Nabisco)
- Lofthouse Frosted Sugar Cookies

## CRACKERS:

- Ritz (Nabisco) original, honey butter, whole wheat, only
- Cheese Nips (Nabisco)
- Cheez Its (Original)

## CUPCAKES:

**STORE BOUGHT ONLY "School Safe" brand only**

**NO HOMEMADE OR BAKERY ITEMS (Not free from cross contamination). SEE PHOTOS OF PEANUT FREE ITEM SOLD BY WALMART OR SHOPRITE. MUST SAY PEANUT/TREE NUT FREE ON THE EXTERIOR OF THE PACKAGING.**

**\*\*\* Please turn page over for more approved Nut Free Treats\*\*\***

**FRESH FRUIT OR VEGGIES:** – Individual serving cups are better than trays (check labels)

**FRUIT SNACKS:**

- Welch's, Betty Crocker, General Mills

**GRAHAM CRACKERS:**

- Honey Maid (Nabisco) original, honey or cinnamon only
- Shoprite Sugar Honey Grahams
- Teddy Grahams (Nabisco) honey, cinnamon, chocolate or chocolate chip

**GOLD FISH:**

- Pepperidge Farm (No Graham Cookies Goldfish permitted!)

**ICE CREAM:**

- Breyers or Turkey Hill chocolate or vanilla only

**ICE POPS/ WATER ICE:**

- Fla-Vor- Ice
- Marino's or Luigi's Brands

**POPCORN:**

- Smart Food (White Cheddar)
- Herr's (Original, Cheese Flavored, White Cheddar Flavored)
- Utz
- Wise Brands (Butter, White Cheddar)
- Pirates Booty (White Cheddar)

**PRETZELS:**

- Pretzel Factory Tray
- Rold Gold (thins sticks, tiny twists, or rods, plain only)
- ShopRite (Mini, Waffle, Rods)
- Rold Gold or Shoprite braided twists (honey wheat only)
- Herr's Brand (Extra Thin, Mini, Rods, Stix)
- Utz Brand (Country Stix, Butter Waffle, Nuggets, Pop'z Rods, Wheels, Phineas and Ferb)

**PUDDING/JELL-O:**

- Jell-O Gelatin or Pudding Cups
- Hunt's (Snack Pack) Pudding Cups

**SWEETS/CANDY:**

- Smarties, Skittles, Starburst, Mike and Ike, Life Saver Gummies, Tootsie Rolls or Pops, Charms Mini Pops, Twizzlers, Dum Dum pops, Air Heads, Nerds, Ring Pops, Fun Dip with Stick, Junior Mints or Hershey Kisses (original milk chocolate only).
- Betty Crocker Fruit by the Foot or Fruit Roll ups

**YOGURTS:**

- Yoplait Go-Gurts or Simply Go-Gurt

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***Please see below for examples of approved cupcakes/ cookies.***

